

# Wee R Kids Parent News - November 2010

November 2010  
Parent Newsletter



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## *Upcoming Statutory Holidays*

### Thanksgiving October 11, 2010

Providers receive these days off and the office will be closed on these days.  
Thank you.

**OFFICE HOURS:**  
8:00am-4:30pm



Dear Parents,

I hope you all had a fun Halloween and a wonderful Thanksgiving. October seemed to fly by so fast, and now we are coming very close to Winter.

There are so many fun things to do with children at this time. I hope you are all looking forward to seeing all of the great projects that your children will be sharing with you from their days at their day homes.

We would like to encourage you to share with your providers some of the traditions that you may have with your family, either winter activities, crafts or even recipes.

I do hope you have a wonderful November, and that you will be able to keep warm, if not outside, then inside with warm cup of tea.

I look forward to spending time with your children as I visit the day homes this month. Please do remember to send warm clothing and some layers with your children to their day homes each day as outdoor play is fun no matter what the season.

*Angel Dick*



## Fun Activities at home

### Snowman Pizza

This food construction allows children to use their creativity to create a snowman face.

Ingredients:

Pizza Dough

Pizza Sauce

Toppings (Use your imagination)

Cheese



Directions:

1. Use all sorts of toppings to decorate your pizza's Salami, ham strips, pepper strips or pieces, pepperoni, cherry tomatoes, pitted black olives.
2. Have children roll out and shape their own pizza into the shape of either a full snowman or just the face from a bit of the dough.
3. Have children put on the sauce and cheese.
4. Allow the children to top their pizza making it into a snowman.
5. Bake pizzas until brown.
6. Allow to cool and then of course eat them up! The only thing melting on these snowmen is the cheese.

If I had my child to raise over again  
I'd build self-esteem first and the house later  
I'd finger paint more and point the finger less  
I would do less correcting and more connecting  
I'd take my eyes off my watch and watch with my eyes  
I would care to know less and know to care more  
I'd take more hikes and fly more kites  
I'd stop playing serious and seriously play  
I would run through more fields and gaze at more stars  
I'd do more hugging and less tugging  
I'd see the oak tree in the acorn more often  
I would be firm less often and affirm much more  
I'd model less about the love of power  
And more about the power of love.

~Diane Loomans

### Sock Snowman

Adult men's sport socks (with tall legs)

Rubber bands

Pompons

Ribbon

Markers

Pillow stuffing



Directions:

1. Have your child stuff her sock approximately half full and very tightly with the pillow stuffing.
2. Place a rubber band to form the neck of the snowman. Tie a ribbon around his neck to form his scarf.
3. Have your child stuff more to form the head. Place another rubber band very tightly to make sure the stuffing does not come out.
4. Fold the end opening of the sock down over the rubber band (as if you were trying to turn the sock inside out) to form his hat. Glue on a pompon for the top of his hat.
5. Draw on the snowman's eyes and a button with the marker.

### Five Little Snowmen (song)

To the tune of "Up on the Housetop"

Five little snowmen were very fat,  
Each one wore a funny hat;

Out came the sun and melted one,

And four little snowmen stood in the sun.

(continue counting down to one)

One little snowman was very sad,

He still had his funny hat,  
Down came the snow and the children played,

And built four more snowmen on that winter's day!





# AROUND TOWN

**Sterndale Bennett Theatre****Nov 4-6**

7:00pm Old Mother Hubbard  
\$8 Adults \$6 Seniors &  
Children

**Yates Memorial Centre****Nov 5-6**

8:00pm

Lethbridge Musical Theatre Presents  
"Kiss Me Kate"

\$22 Adults \$20 Seniors & Students

**Exhibition Park****Nov 5-8**

Fall Into Christmas Craft and Holiday Shopping  
Adult admission \$5 Children under 12 are free

**Helen Schuler Nature Centre****Nov 10**

Big bird, Little bird

Free registration begins November 2

## Parent Reminders

Monday-Thursday our offices are open from 8-430pm. On Fridays the office is open from 8-430 as well, however, there is only one staff in the office on that day, so during lunch the office will be closed for an hour.

On occasion during the day on Fridays our office may be closed for a short while to do banking etc. Please call ahead if you would like to make a payment or to meet with us on that day.

We would also like to invite you to join our advisory committee of staff, providers and parents. This is such an important committee to be a part of and your input is very important to us. If you would like to be a part of this, please call our office at 403-320-5711.



- \* Keep children warm. Dress your children in layers. Make sure their heads and necks are covered by a hat and a neck warmer. Watch for frostbite!
- \* Even on cloudy days, put sunscreen on their skin.
- \* Check your children's equipment to make sure that it fits and is in good condition.



### *When tobogganing or sledding:*

- \* Make sure your children wear a helmet.
- \* Choose a hill that is away from roads and parking lots.
- \* There should be no rocks, trees, fences or other dangers in the path.
- \* Teach your children to slide down the middle of the hill, climb up the side and watch up the hill.
- \* Teach them to move out of the way quickly when they get to the bottom.



### *When skating:*

- \* Children should wear a helmet.
- \* If you skate on lakes or rivers make sure the ice is smooth and at least 10 centimetres or 4 inches thick.
- \* Never skate near open water.
- \* Children should skate in the same direction and at the same speed as the crowd.
- \* Skaters who cannot keep up with the crowd should move to the

