

# Wee R Kids Parent News



#200, 529—6<sup>th</sup> Street S  
 Lethbridge, Alberta  
 T1J 2E1  
 Phone: 403-320-5711  
 Fax: 403-329-9160  
 Email:  
[weerkids@telus.net](mailto:weerkids@telus.net)



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Dear Parents,

Spring seems to be here! I sure am welcoming this season with open arms. I hope you are all ready for flip-flops, grass cutting & picnic season!

I know your providers will have lots of outdoor fun planned for your children. Remember to ask your providers what they need for clothes in this season, Have a great April.

**Upcoming Statutory Holidays**

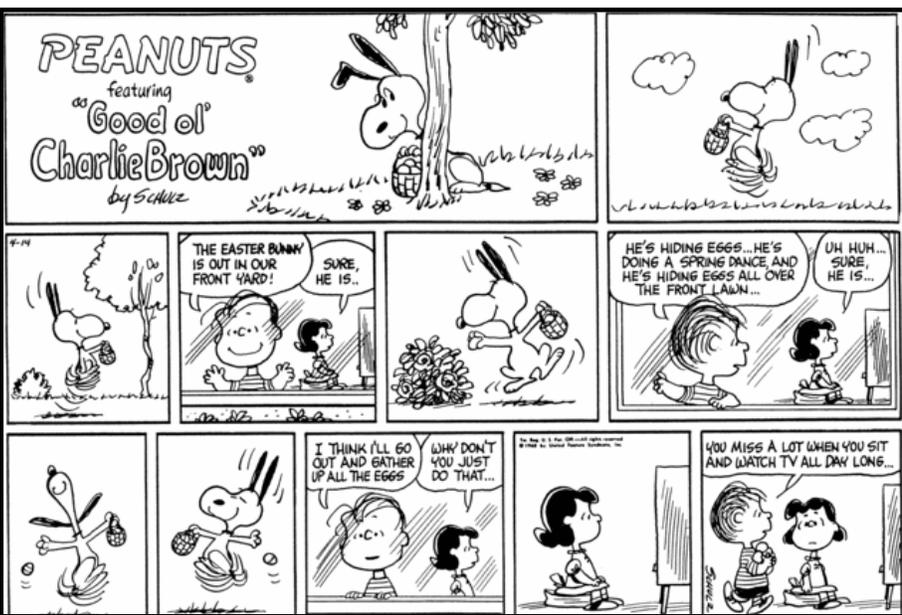
**April 22 & 25**

Providers receive these days off and the office will be closed on these days. Thank you.

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**OFFICE HOURS:**  
 8:00am-4:30pm  
 Please call ahead  
 Fridays as only one staff member is in the office

*Angel*



## Home Cooking

### Black Bean Dip

1 can (19 oz./540 mL) black beans, drained and rinsed  
 3/4 cup (175 mL) salsa (hot, medium or mild)  
 1 clove garlic, chopped (optional)  
 2 tbsp. (30 mL) mayonnaise  
 2 tbsp. (30 mL) chopped cilantro (optional)  
 1/2 tsp. (2 mL) salt  
 shredded Monterey jack or cheddar cheese (on the side)  
 assorted raw veggies  
 tortilla chips for dipping

In the container of a blender or food processor, combine the beans, salsa, garlic, mayonnaise, cilantro and salt. Blend, scraping down the side of the container once or twice, until not quite completely smooth. A little texture is nice. Transfer dip to a serving bowl, sprinkle with shredded cheese and serve with veggies and tortilla chips.

## Arts & Craft

There are so many great spring art ideas. Here are a few ideas to help you plan days with your children,

Scrapbook with photos the children took on an outing.

Paint with flowers, grass or twigs as your paint brushes.

Go to an art show and help your children "re-create some of the paintings you found there.

Make spring coloured play dough and sculpt out of it. Let the creations dry.

Remember, anything you do with your children is fun, it doesn't matter whether you spent a dime, it's the time you spend together that counts.



### Frog Floats

7-Up

Green food colour  
 Ice Cream (vanilla)  
 Apple Lime Juice

Scoop ice cream into glass. Pour 7-up and juice in. Place a couple drops of green food colour in as well.



Use both spoon and straw to eat/drink.

### Lady Bug Apples

2 red apples

1/4 cup raisins

1 tablespoon peanut butter

8 thin pretzel sticks

Slice apples in half from top to bottom, and scoop out the cores using a knife or melon baller. If you have an apple corer, core them first, then slice. Place each apple half flat side down on a small plate.

Dab peanut butter on to the back of the 'lady bug', then stick raisins onto the dabs for spots. Use this method to make eyes too. Stick one end of each pretzel stick into a raisin, then press the other end into the apples to make antennae.

## Sing a Song

### Spring Day

It's a happy new day in springtime

It's a change around all things

New time its a breezy green grass  
 and a happy springtime day.

its a happy new day in springtime

its a change around all  
 things

new time its a happy  
 happy

healthy springtime day.





### Reminder!

Please remember that fees are due on the first of the month. If you are needing to make other arrangements for payments, please call the office and talk with us.

Please remember that when we make an arrangement with you, we need you to honour it. Please make payments on the date specified.

Please remember that if we are out of the office at all, and you need to make a payment, there is a drop slot in the front door. Make sure to put your name and Wee R Kids on the envelope. If the door is open but we are not in, please feel free to use one of the envelopes provided and slip it under our door, we will apply it to your account as soon as we return.

## Art Corner

### Empty Egg Dye

#### What you'll need:

Eggs  
Dye Kit  
Nail



To prepare the eggs, take a nail and make a small hole at the top and a larger hole at the bottom, do this by pushing the nail in further at the bottom. Blow lightly to push all the insides out and into a bowl. Wash eggs.

Use dye kit to dye eggs all kinds of colours with the kids. Make sure to be extra careful as the eggs are more breakable now that they are empty.

You can fill a bowl up with plastic or paper grass and display your eggs for Easter.



## Yummy Treats

### Bunny Juice

Grape Juice  
Sprite  
Raspberries

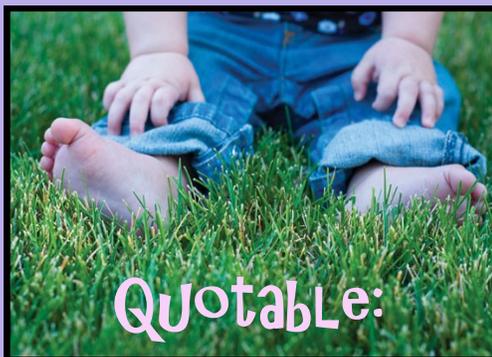
Pour two parts Grape Juice and one part Sprit into a juice jug. Take out frozen raspberries and add them to the juice. You can also add lemon slices to add more Easter Colour.

Pour into glasses and enjoy!

### Easter Egg Sandwich

Hard Boiled Eggs  
Mayonnaise  
Green Onion  
Celery  
Bread  
Cookie Cutter (Egg)

Mix together Eggs, Mayo, onion and celery (chopped). Spread mixture onto bread. Cut sandwiches into egg shapes with the cookie cutter. You can also add food colouring to the bread by adding food colour to water and paint the bread with a paint brush. This is a fun activity to do with the children. This is also a great sandwich to make using the coloured Easter eggs.



**Quotable:**

*"If I had my life to do over, I would start barefoot earlier in the Spring and stay that way later in the Fall."*

*~Nadine Stair*