

Wee R Kids Provider News

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Dear Providers:

I hope you are having a wonderful summer so far. This month's visits were wonderful, we have done lots of work with our first section of FCCERS. Way to go team!

I know you all have holidays on your mind, please remember to call our office ASAP and let us know what days you will be off this summer. It will help me immensely with planning visits.

We had a wonderful visit from Peter and Hillary from Child Protection this past meeting. They taught us all about their roles and ours. If you missed it, please call and we will get you the package they provided us with.

I hope you all have a super summer and a wonderful July, see you soon!

Angel

Upcoming Statutory Holidays Canada Day July 1, 2011

Providers receive this day off and the office will be closed on this day.

OFFICE HOURS:

Monday ~ Friday

8:00am ~ 4:30pm

Reminder:

Most Fridays there is only one staff member in the office. Please call ahead if you need to see us.



"I know that if odour were visible, as colour is, I'd see the summer garden in rainbow clouds."

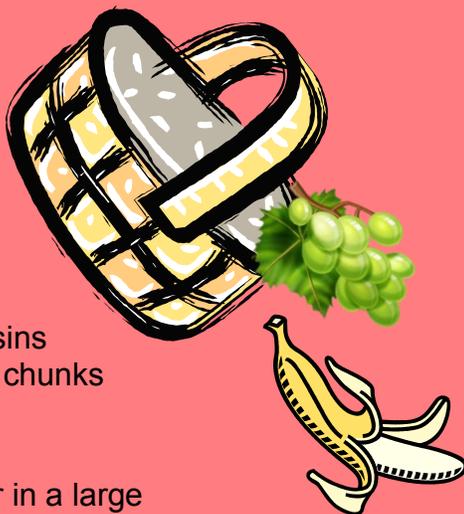
~Robert Bridges

Food Ideas

Summer Trail Mix

2 cups Crispix cereal
 2 cups Cheerios cereal
 1 cup Goldfish crackers
 1 cup small pretzels
 3/4 cup raisins
 1/2 cup M&M's
 1/2 cup cashew pieces
 1/2 cup yogurt covered raisins
 1/2 cup candied pineapple chunks
 1/2 cup dried banana slices

Mix all ingredients together in a large bowl. Store in covered bowl or zip lock bag. Pour out into little bowls for the children, or take in individual bags for snacks when at the park or on a field trip.



Strawberry Dip

1 (8-ounce) container strawberry flavored cream cheese, softened
 1/3 cup ricotta cheese
 1/4 cup heavy cream
 1 tablespoon powdered sugar
 1 teaspoon vanilla
 assorted fresh fruit

Beat the softened cream cheese until fluffy. Gradually add the ricotta cheese and beat until smooth. In small bowl, beat cream with powdered sugar and vanilla until stiff peaks form; beat into cream cheese mixture. Pile into small bowl. Serve with assorted fresh fruit.

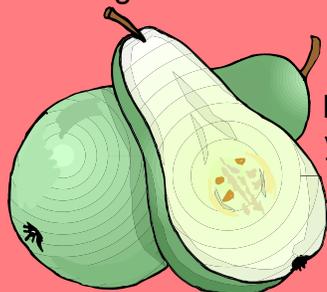
Summer Fruit Prints

You will need:

Summer Fruits
 Paint
 Paper
 Plates

Cut some fruit in half, others can be left whole. Give each child a piece of paper and plate of paints. Have children dip or roll fruit in paint and then stamp or roll them onto the paper.

This can also be a great science experiment, you can see what is inside a fruit. Where are the seeds, the meat and how does it grow?



Each picture will be unique and yummy!

Craft Activities

Leaf Rubbings

You will need:

Leaves
 Crayons
 Tracing Paper

Go on a nature walk with your children and collect a variety of different types and shapes of leaves. Place the leaves flat down on a smooth surface. Place a piece of tracing paper on top of the leaves. Using the side of the crayon, rub over the paper where the leaf is beneath it. The design and shape of the leaf will come through onto the paper.





It is Summer

(Sung to "If You're Happy And You Know It")

It is summer
and it's time to take a swim!
It is summer
and it's time to take a swim!
It is summer
that's the season!
We don't need
a better reason!
It is summer
and it's time to take a swim!



Songs & Finger Plays



Summer Bugs

(Sung to "Muffin Man")

Do you know a Butterfly, a butterfly, a butterfly. Do you know a Butterfly who loves a summers day!
Yes we know a Butterfly, a butterfly, a butterfly. yes we know a Butterfly who loves a summers day!
Continue changing bugs: caterpillar, house fly, dragonfly, lady bug, spider, moth, glow bug etc...

Gross Motor Activity

Painting the Town

Give each child a large paint brush and bucket of water. Allow the children to "paint" anything outside that they come across. The children can become really creative if each bucket is a different colour, they can pretend they are painting the leaves green, the house blue, the grass purple.



Play along with the children and you can always turn it into a great water play activity and paint each other.



Summer Finger Play

The summer sun in the sky
Shining, shining up so high
Makes it warm for outside fun
To play at the park and run
To swim hike and fish
And go on a picnic, if you wish!

Sensory Activity

Dirt and Worm FUN!

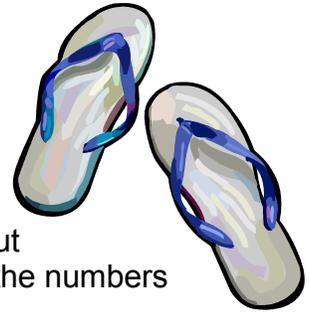
What you need:

Dirt
Rubbermaid
Worms (either real or pretend)
Water



Place dirt and enough water to make it moist in a Rubbermaid bucket. Place real or pretend worms in the dirt and allow the children to play in the dirt. Ask questions like, how does it feel between your fingers, what do the worms feel like? This is also a great science experiment if you are using real worms.

Math Activity



Count the Flips

Collect some baby or child flip flops at the dollar store. Place all of the shoes in a box and have the children sort them by size and colour, or just count how many shoes there are. You can make many different games out of this activity. You can also number them on the back and they can find the numbers and put them in order.

Bulletin Board Idea

We've Flipped!

Purchase inexpensive flip flops at the dollar store and staple them to the board. Have the children paint foot prints around them. Paint the title, "We've Flipped for Summer" on the board as well.

You can add art work the children do over this time as well to fill it all up. It is also cool to paint the board blue and cover the bottom half with brown paint or glue sand to it.



Dramatic Play Activity

Living Room Camp-out



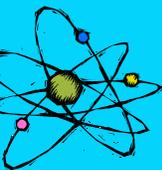
What you need:

Tent
Sleeping bags
Fake fire pit
Other camping items

Put up a small tent in your dramatic play centre. This tent can be homemade from blankets or an actual camping tent. Place either real sleeping bags or folded blankets inside and build a pretend fire. You can put all of this together and surprise the children, or better yet, pretend with the children that you just arrived at your camp site and allow them to help you set it up. You can even have lunch and snacks at your camp site for the day or week.

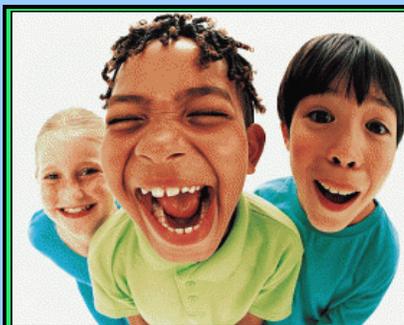
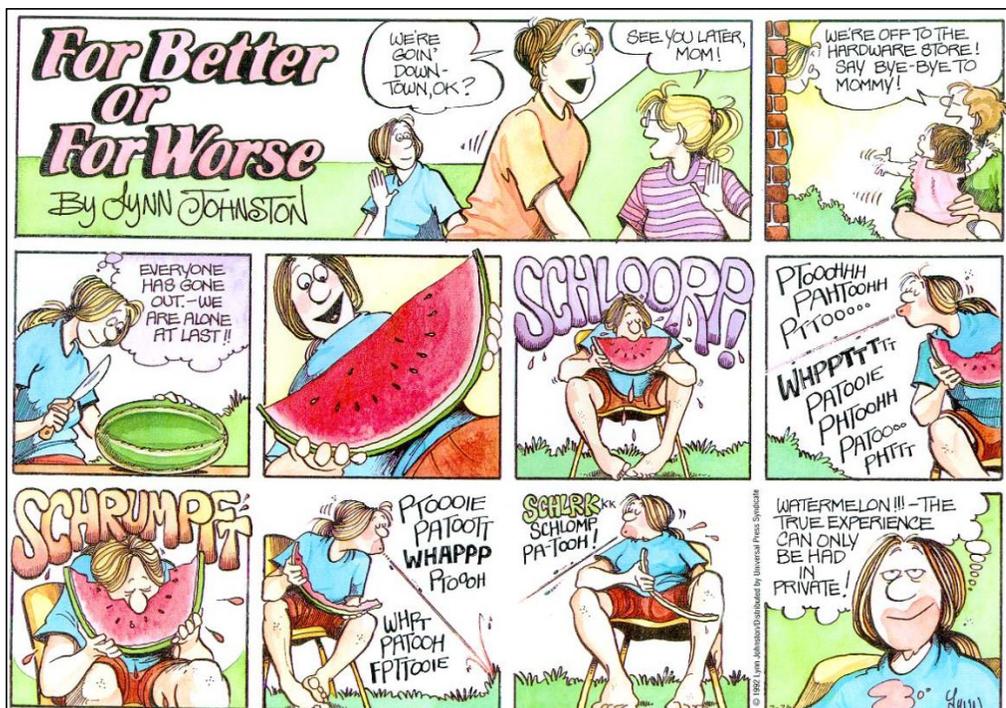
Science Activity

10 Summer Science Activities



1. List all the trees in your neighbourhood and find some fun facts about them.
2. Put out a bird bath or bird feeder.
3. Make an online picture collection of bugs.
4. Find out what butterflies are native to our area and try to find them.
5. Learn to identify plants in the neighbourhood.
6. Build a birds nest.
7. Collect rocks and look for their differences.
8. Go to the coulees and seek out relics.
9. Cut open different fruits and look to find the seeds and what they are like inside.
10. Put a bucket out during the rain and measure how much rainfall there has been.





Funny Kids Books

- *Hot Rod Hamster* by Cynthia Lord
- *Leonardo The Terrible Monster* by Mo Willems
 - *Hippo? No Rhino* by Jeff Newman
 - *Hog-Eye* by Susan Meddaugh
- *The Incredible Book Eating Boy* by Oliver Jeffers
 - *Duck for President* by Doreen Cronin
- *A Couple of Two Boys Have the Best Week Ever* by Marla Frazee
 - *Chicken Butt* by Erica S. Perl
 - *Baloney (Henry P.)* by Jon Scieszka
 - *Officer Buckle and Gloria* by Peggy Rathman

Just Joking

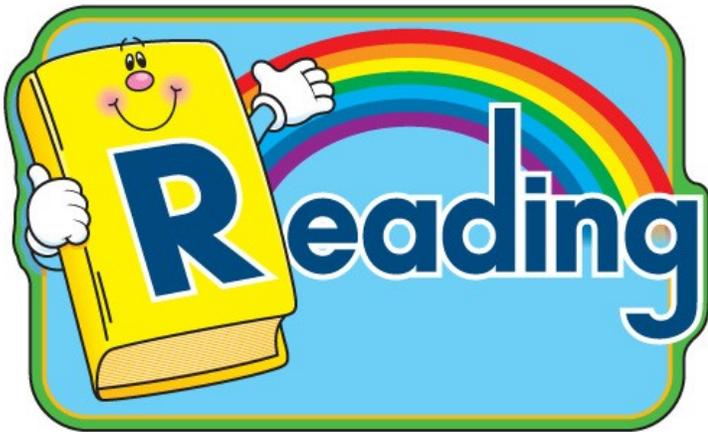
Q: What do frogs drink on a hot day?
A: Croak-a-Cola



Summer Fun Safety

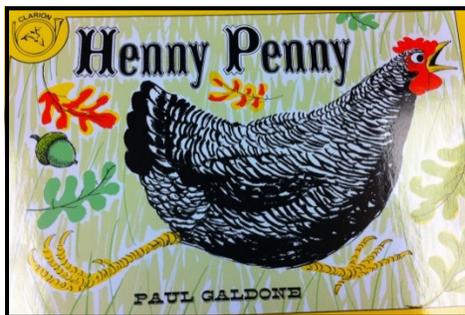


- Make sure that all children are wearing sunscreen or protective clothing even on cloudy days.
- Remember to reapply sun screen each time you go out and during water play.
- If you have water deposits in your yard, make sure to dump them as they can breed mosquitoes.
- Watch for thistles and other prickly weeds on your lawn as they can really hurt little feet.
- Monitor your yard for bug hives, animals and their waste, and litter.
- Always keep lawn care including mowing to after day home hours.
- Make sure to dump all water play including pools after each use. Set your pools against a fence so that rain water does not accumulate in it.
- **Never** leave children alone in or around water. Bring your phone outside if you are waiting for a call, keep calls short and always keep your eyes on the children.
- **Never** leave children and pets alone, even outdoors.
- Watch that little ones are not putting things in their mouths, especially small rocks or dirty objects.
- Make sure that your swing sets and other play equipment meets standards and is kept clean and safe.
- When one child needs to use the washroom or must be changed, take all the children in with you.
- Make sure that children have protective gear if they are riding any bikes in the back yard.
- Always ask a professional about the plants and flowers you are planting, they may be poisonous.
- When planning picnics or any outdoor snack, always follow safe food handling standards.
- **Never** leave children unattended in a vehicle, not even to run in to an office for a moment.
- Make sure to teach children safety lessons before going for walks or to the park.
- Always monitor children in parks or on walks to ensure they are not wandering off. Monitor area and all adults and older children as well. If you feel unsure about a stranger or an area, gather the children and walk home.
- Make sure to check the surroundings at the park, if there are needles or other dangers make sure to remove them if you can do that safely, otherwise choose another playground.
- Make walks fun and safe by singing songs or playing games like “I Spy” while walking.



"No book is really worth reading at the age of ten which is not equally worth reading at the age of fifty." ~CS Lewis

Corner



Henny Penny

By Paul Galdone

Follow Henny Penny, Ducky Lucky and all their friends in the adventure with the sky falling and all of the antics that ensue.

Frog's Jungle Adventure

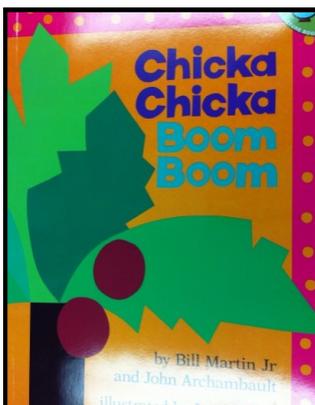
This whimsical story told in fun, compelling verse is full of great adventures, from encounters with lions, tigers, and hairy apes to a frog that flies an airplane and discovers a tree filled with giant polka-dot eggs. In the end, that discovery allows Frog to understand the importance of home and family.



Chicka Chicka Boom Boom

By Bill Martin Jr

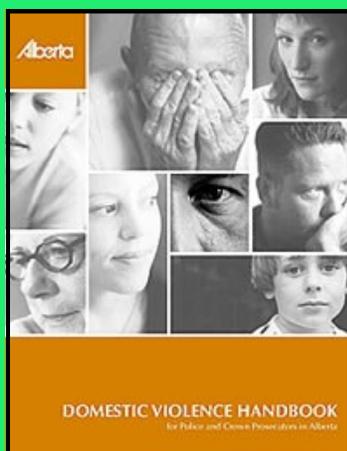
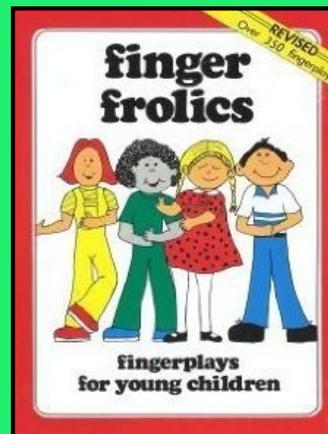
The 26 characters in this rhythmic, rhyming baby book are a lowercase alphabet with attitude. "A told b, and b told c, 'I'll meet you at the top of the coconut tree'"--which probably seemed like a good idea until the other 23 members of the gang decided to follow suit.



The Reading Corner - Staff Resources

Finger Frolics

A book filled with over 350 finger plays for you to do with your children. Many topics and seasonal finger plays are in this great book.



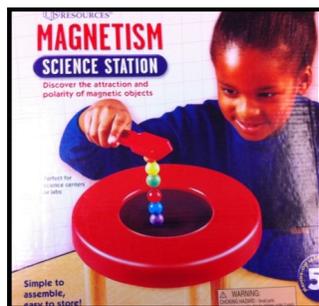
Family Violence

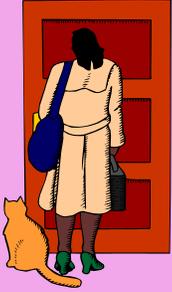
By The Alberta Government

An invaluable tool for anyone dealing with children and families. This resource will help you better understand your roll in seeking help when you suspect violence in a home.

Lending Library

These are a sample of some of the wonderful things we have to borrow in our Lending Library. Check out our **Green House** and our **Magnetism Science Station**. If you are in need of something different, please make sure to check our shelves out next time you visit with us.





July Visits:

For this month's visit, we will be doing our second section in FCCERS. I will be sending the information out with your pay cheques. Please review before I visit so that we can talk about it together.

Thanks everyone for working so hard on the first section, I think FCCERS gives us a great view of where we can improve and where we excel, and who doesn't want to know that! See you all soon!

Angel

Reminders:

Please remember to continue with your children's portfolios, I will of course need to see them when I come out this month. Remember to save an artwork project each month, or a photograph of one.

Remember also to write one observation per child each week.

Please remember as well that we need to offer healthy and balance food for the children, make sure to have 4 food groups for lunch and two for snacks. If you need ideas, please look online or call us.

Merci

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Gracias

Thank You

Provider Appreciation

The provider we would like to honour this month is Karen DesRoches.

Karen is relatively new to the Wee R Kids team, however has been in child care for many years.

Karen currently has one child in her care but has room for more. She is a grandmother with grown children and lives in Monarch with her husband.

Karen seems to love being outside with her children and also caring for them as she would her grandchildren. Thank you Karen for all that you do!

Welcome Karen at our next meeting or call her up and introduce yourself.

Merci

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Gracias

Thank You

Happy July Birthday!



13 ~ Jessi Crawford

Cooking

Red & White Fun

For each colored layer:

- 1 3 oz package Jell-O
- 1 pack or 1 tbsp unflavored gelatin
- 1 cup boiling water

For the white layer:

- 1 14 oz can sweetened condensed milk
- 4 packs or 4 tbsp unflavored gelatin
- 2 cups boiling water

Mix each Jell-O color separately in containers. Let stand till room temperature, stirring occasionally.

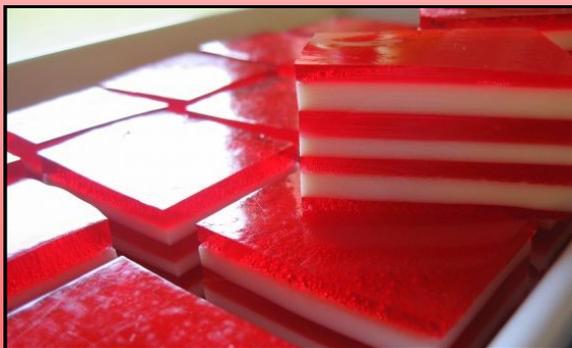
Mix up white layer and also let stand till room temperature, stirring occasionally.

Pour first color into 9x13 dish. Refrigerate till firm.

Put 1/3 of white layer in next. Refrigerate till firm.

Repeat till done.

If all mixtures are at room temperature, it takes only about 7 minutes to firm up each layer so you can add the next one.



Give each child a white piece of paper and a plate with red paint on it. Help each child dip their hands in the paint and print their hands onto the paper. Their hands will resemble the maple leaf. The children can make one print, like the flag has, or many all over the page.

Arts and Crafts

Give Canada a Hand

What you need:
White Paper
Red Paint
Hands

Activity

A Day in the Life of Dad

What you need:
Outdoor games
Picnic food



Set up a Canada Day Festival with your children. You can have many different games in your back yard set up that they can move through. Then have a red and white themed picnic to finish it all off. Don't forget the flags!

"There are no limits to the majestic future which lies before the mighty expanse of Canada with its virile, aspiring, cultured, and generous-hearted people."

~ Winston Churchill

Canada Day